Methre	PDF Flus Network
Metropolitan Life Insurance Company	
Employee Name	Employee ID
Group Name	Group Number
This card is not a guarantee of co	overage or eligibility. See reverse on.

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## metlife.com/mybenefits

- · Locate a participating dentist.
- · Verify eligibility and plan design information.
- · Review claim status and claim history for your entire family.
- · View and print processed claims with one click.
- Obtain claims forms and educational information (including interactive risk assessment).
- · Get instant answers to Frequently Asked Questions.
- · Access trained customer service representatives.

## 1-800-942-0854

- Virtually 24 hours a day, 7 days a week to confirm eligibility, order claim forms or request dentist directories
- Monday-Friday, 8 a.m. to 11 p.m., Eastern Time, to speak with a live customer service representative
- MetLife Dental Claims P.O. Box 981282 El Paso, TX 79998-1282
- For International Dental Travel Assistance call 1-312-356-5970 (collect)

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